



# Support for Male Survivors of Sexual Assault

## Barriers

- Stereotypes about masculinity exacerbate feelings of shame and self-blame.
- Lack of visibility for male survivors, particularly LGBTQ+ male survivors.
- Lack of informed resources for male survivors.
- Fear of not being believed or taken seriously.
- Intersecting identities can compound barriers for male survivors. For example, transgender men may have difficulty finding therapeutic resources that are both trans-competent and trauma-informed or Black men may feel unsafe utilizing law enforcement.

 **40.2% of gay men**

 **47.4% of bisexual men**

 **20.8% of heterosexual men**

**experience sexual assault in their lifetimes<sup>1</sup>**

<sup>1</sup>[www.cdc.gov/violenceprevention/pdf/nisvs\\_sofindings.pdf](http://www.cdc.gov/violenceprevention/pdf/nisvs_sofindings.pdf)

## Resources

*If you or a loved one are a male survivor of sexual assault, you are not alone. You deserve to be supported and believed. There are resources available to help you.*

### Los Angeles

#### STOP Violence Program

- Mental health and supportive services for LGBTQ survivors of domestic violence and sexual assault at the Los Angeles LGBT Center.
- Call: 323-860-5806

#### Legal Advocacy Project for Survivors (LAPS)

- Legal services for LGBTQ survivors of violence at the Los Angeles LGBT Center.
- Call: 323-993-7649

#### Strength United's 24/7 Hotline

- Crisis hotline for survivors of sexual assault in Los Angeles.
- Call: (818) 886-0453

### National

#### Anti-Violence Project's 24/7 Hotline

- Crisis hotline for LGBTQ & HIV-affected survivors of all forms of violence.
- Text or Call: 212-714-1141

#### 1 in 6

- Online support groups for men who are survivors of sexual assault.
- Visit: [www.supportgroup.1in6.org](http://www.supportgroup.1in6.org)

#### Forge-Forward

- Online resources and self-help guides for transgender survivors.
- Visit: [forge-forward.org/collections/self-help](http://forge-forward.org/collections/self-help)